

Read the Bible: Experience transformation.

Meditation on scripture is one of the most effective ways that we can make space in our lives for God to transform us. What does meditate on scripture mean? It means reading it and reflecting on it in such a way that the Holy Spirit can use the passage to speak into our lives. Below are four steps that Rick Warren suggests for devotional reading of scripture.

Step One: Pray for Insight

Step Two: Meditation:

Six ways to meditate on a verse:

1. Picture it. Visualize the scene in your mind.
2. Pronounce it. Say the verse aloud, each time emphasizing a different word.
3. Paraphrase it. Rewrite the verse in your own words.
4. Personalize it. Replace the pronouns or people in the verse with your own name.
5. Pray it. Turn the verse into a prayer and say it back to God.
6. Probe it. Ask the following nine questions:

Step Three: Application-SPACEPETS

Is there a...

Sin to Confess?

Promise to keep?

Attitude to change?

Command to follow?

Example to follow?

Pray to pray?

Error to avoid?

Truth to believe?

Something to thank God for?

Step Four: Memorization, Key Take-away.

What is your key take-away? What is the one thing that you think God wants you to get from this passage? Write it down. Set a reminder on your phone during the day. Memorize the verse. Find a way to remember this key point through your day and let it be the filter through which you see your life.